

Diabetic Care Plans at Newtown Medical Centre

Your GP has recommended that you book in a 'Diabetic Care plan' Appointment

This free service is arranged by our practice and we strongly recommend anyone with diabetes participates

What is a 'Care Plan'

Care plans (also known as GP management plans) are specific appointments targeted to manage chronic health problems (in this case Diabetes). The aim is to ensure best management of your diabetes as well as ensuring we best prevent further complications arising.

What are the benefits?

Care plans provide an opportunity outside your normal appointments to ensure we have your health on track. We work together to identify your own health goals as well as your GPs goals to create clear positive actions for your overall health.

You will leave the appointment with a clear idea of actions you can take to improve your diabetes.

What is a team care arrangement (TCA)?

One part of the care plans may be forming what is called Team Care Arrangement. Simply, it is an agreement between your treating practitioners (GP/ Specialists/ Allied Health) to communicate and work towards common goals.

It generally provides you with 5 medicare rebatable allied health appointments per year. Many allied health professionals bulk bill these appointments whilst some will charge a small gap. With your consent we contact some, or all, of your current health care team to confirm their willingness to participate. We send a copy of the care plan (or the relevant part) to the team members so we can all be working towards common goals.

Who qualifies as part of my team?

Your GP is the first member. You need 2 others, either Specialists or Allied Health Professionals. We can easily determine if you have the appropriate team members to satisfy the requirements.

Which Allied Health Professionals are involved in the team care arrangement program?

There are many providers approved to use the sessions including Physiotherapists, Podiatrists, Dietitians, Exercise physiologists, Occupational therapists, and others

What does it involve?

If you are happy to participate our diabetes educator will see you for a consultation. It takes approximately 30 minutes for the initial consultation. Your GP will then see you during this time as well.

We hope you will participate and we believe it will greatly assist us in providing you the best possible care. If you would like to proceed please call our reception staff and book a 'Diabetic Care Plan' Appointment.