

Ultrasound guided CSI

Newtown Medical Centre offers ultrasound guided steroid injections on site.

There is no specific preparation required prior to the injection but we ask that you read the list of possible side effects prior to your appointment and should you have any concerns please discuss this with your doctor.

The doctor will usually require a double appointment be made for these injections unless he or she has specified otherwise.

Potential side effects of steroid injections

Serious side effects are rare and include:

- Joint and soft tissue infections (Advise on symptoms of septic arthritis and to seek medical advice if they occur)
- Anaphylaxis

Other potential, but unlikely, side effects include:

- Risk of tendon rupture
- Local subcutaneous fat atrophy (usually temporary and disappears within a few months)
- Local depigmentation (usually temporary and disappears within a few months)
- Post injection flare of pain at injection site.
- Destabilisation of blood sugars in diabetic patients which require monitoring by patient following injection
- Facial flushing
- Menstrual irregularities
- Dizziness
- Injury or trauma to neurovascular structures during the injection procedure
- Very rarely significant joint destruction or damage can occur although usually associated with overly frequent high dose injections

You will be asked to remain in the clinic for 20 minutes following the injection to allow observation of possible adverse reactions.

There is a fee associated with the procedure, with an out of pocket expense of \$80.